

# Impressions, Bite Registration and Expectations

## ***FULL LOWER DENTURES***

One of the topics we touch on in our Lunch & Learn is issues with full lower dentures. This subject is one that many seem to have issues with. Whilst it is hard to cover this subject fully in a short article and without crossing over to other aspects this is just a taster of the Lunch & Learn.

The key to getting good fitting, stable lower dentures starts with the primary impression, in our view the most important impression taken. The one consistent aspect of the mandible, however resorbed the ridge, is the retromolar pad.

The retromolar area does not shrink as the rest of the ridge does and normally has a fair amount of undercut that can be utilised for retention.

The general problem is that most stock trays do not extend far enough to allow an impression of the retromolar area, there are many other issues with stock trays also covered in the Lunch and Learn.

A special tray wont necessarily solve this problem as we are often having to guess where the retromolar pads are, as well as other areas, meaning the special tray does not fit as well as it could so is unable to fulfil its main function. As a result, many lower dentures are therefore under extended and not as stable as they could or should be.

There are simple steps that are quick and easy that will improve a full lower denture fit, or any denture for that matter. To cover this fully would take considerably more space so why not give us a call to discuss it further or arrange a Lunch & Learn?

## **..... Lunch & Learn**

We have added another topic to our Lunch and Learn - **Impressions, Bite Registration and Expectations.**

This has come about by request and deals with ways to improve and increase consistency of what is sent back and forth to and from the lab. This has been based on many years of experience and surgery visits to see patients.

The subject is a big one and is difficult to fit into a lunchtime so we can focus on aspects that most interest you. As a sample of what is discussed I have included some of the points covered about full lower dentures in this news letter. If you would be interested in having a Lunch & Learn please let us know.

## **Free CAD/CAM**

Do you realise we provide CAD/CAM restorations at our standard cast prices? This includes NHS work! Effectively ticking the CAD/CAM option is a free upgrade to better materials, better consistency of fit and potentially less surgery time.

CAD/CAM provides so many benefits over conventional cast restorations why not upgrade your patient's experience at no extra cost?



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